

# Wauchope High School Newsletter

Email :[wauchope-h.school@det.nsw.edu.au](mailto:wauchope-h.school@det.nsw.edu.au) website: <http://www.wauchope-h.schools.nsw.edu.au>



Term 4 Week 8



Wauchope High School Leaders 2019

## Presentation Night 2018



Year 7



Year 8



Year 9



Year 10



Year 11



Jasmine Thompson

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# *Year Awards*

## **Year 7**

1st Charlotte Cooper, 2nd Morrow Taplin, 3rd McKenna Dennis, Equal 4th Abigail Scully, Equal 4th Jaycie Pickworth 6th Zali Croft

**Year Advisor Award** Jaycie Pickworth, **SRE Awards** Bree Williams & Nathaniel Lugg, **Wauchope Senior Citizens Award** Bodhi Cook & Laura Farmer

## **Year 8**

Equal 1st Antonia Visvikis, Equal 1st Charli Caller, 3rd Emily Bell, 4th Ella Martin, 5th Breanna Kennett, 6th India Evans

**Year Advisor Award** Jedd Faint, **Library Award** Gretchen Martin **Hilberts Technology Award** Jason Brown

## **Year 9**

1st Jordan Relf, 2nd Tyler Mathews, 3rd Cameron Lloyd, 4th Mackenzie Toone Spokes, Equal 5th Abby Costigan Equal 5th Vivien Partridge

**Year Advisor Award** Braiden Kearns, **Year 9 Science Award** Braiden Kearns

## **Year 10**

1st Ellen McKittrick, Equal 2nd Chloe Bennetts, Equal 2nd, Phebe Germanos, Equal 4th Meghan Kennett, Equal 4th Brooke Rowley, 6th Kimberley Lowe

**Year Advisor Award** Holly Auld, **CWA Food Technology Award** Meghan Kennett, **Gabriel Award** Ellen McKittrick

## **Year 11**

Equal 1st Madeline Kennett, Equal 1st Sarah Phillips, 3rd Isaac Watson, 4th Kayla Turner, 5th Hope Knuckey, 6th Stephanie Hicks

**Year Advisor Award** Grace McKenzie, **Gabriel Awards** Kayla Turner, Madeline Kennett, Piper Thompson **Hospitality Award** Daniel Hollis **Wauchope Country Club Hospitality Award** Grace Kucera **Wauchope Country Club Primary Industries Award** Jovica Hollis

# *Major Sports Awards*

RA Smith Junior Sportsman of the Year Jarren Lester

RA Smith Junior Sportswoman of the Year Stella Tijou

MJ Vaughan Sportsman of the Year

Ben Dorman

MJ Vaughan Sportswoman of the Year

Charlotte Wilton

MJ Vaughan Sport Star of the Year

Under 17 Girls Rugby Team

Ron Wheatley Memorial Award

Shikira Porter

Premiers Sporting Medal

Holly Auld & Cameron Lloyd





# *Special Awards 2018*

Hastings Coop Business Studies Award

*Kayla Turner*

Port Macquarie Hastings Council  
Community Service Award

*Aiden Pumpa*

Federal Member, Dr David Gillespie  
School Community Service Award

*Tamika Cordell*

Mid Coast Connect VET Award

*Reece Anderson*

CSU Future Moves

*Hayley Godfrey*

*Jack O'Neill*

Junior Support Unit Award

*Jozef Basciuk*

Senior Support Unit Award

*Riley Nolland*

Peggy Elaine Leventhal Scholarships  
Port Macquarie Hastings Legacy

*Lachlan Schubert-Sawle*

Gabriel School Scholarship  
Athol Steel Memorial Award

*Tahlia De La Mare*

*Hayley Stafford*

Newcastle University Scholarship

*Jayde Willingham*

ADFA Long Tan Awards

*Chloe Bennetts Year 10*

*Owen McKittrick Year 12*

Ben Cullen Memorial Award

*Logan Taffe*

WHS 2018 Achiever of the Year

*Shannah Schroeder*

WHS HSC DUX 2017

*Brooklyn Partridge*

Principal's Award

*Gabby Caruana*





### Senior Geography Excursion

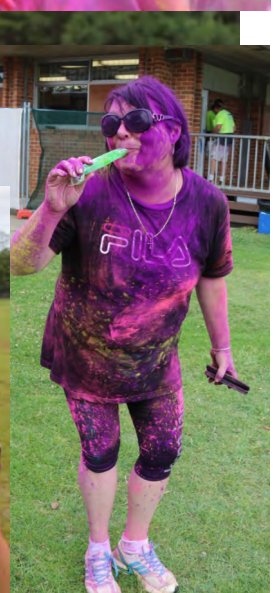
Last Friday morning our senior Geography students were joined by Oxley High School, Tamworth for a guided tour of Kooloonbung Creek. Students are studying Ecosystems at Risk as part of their HSC studies in Geography. Fieldwork is an essential component of the Geography course, and enables students to apply their skills in a practical setting.

Volunteers from the Friends of Kooloonbung, as well as Matt Bell from the PMQ Hastings Council, enlightened students about this unique and fragile ecosystem. They highlighted the challenges of managing a large natural ecosystem in the middle of a major urban centre.

Students then went to Sea Acres Rainforest in the afternoon. As always, our students were courteous and attentive throughout the day and wonderful ambassadors for the school.









# GOLDEN BEAN AUSTRALIA – COFFEE ROASTERS COMPETITION

Coffee companies submit their entries and the coffees are judged through a blind tasting format, in 10 different categories and brew methods. The coffees are judged by roasters that attend the event.

Our Year 11 Hospitality students gain valuable experience serving coffee and experience the hustle and bustle of a commercial kitchen and it's operations during this competition





## **BULL WANTED.....NO BULL**



The Agriculture Department are looking to loan a quiet beef breed bull over the Summer School Holidays. We have four cows and two heifers that we would like to



get in calf. The cows and heifers are Red Polls. We run a strip grazing system using electric fences so a bull used to this type of system would be ideal. If anyone has an animal that they feel might suit our needs could you please contact either Adrian Palmer or David Starr at the High School on 65851400.

## **Child Studies**



Year 9 Child Studies students enjoyed interacting with the children at TG's Child Care Hastings Street this week. This excursion was an opportunity for the students to engage with children ages 0 – 5 years in a range of environments. They observed how children play, socialise and learn, this was an integral part of the "Play and the developing child" unit that has been covered in class this term.



We would like to thank Linda and all the educators at TG's Child Care Hastings Street for welcoming Wauchape High School students into their wonderful centre.



## Migrant Visit

What a great afternoon the year 10 geographers had last Friday when a group of refugee students from Newcastle shared a cultural visit. They were joined by year 11 WHS students who were involved in the visit last year and found the connections and friendships most rewarding. After Tylee Donovan gave the acknowledgement to country students kicked off with a tour of the school visiting the canteen for an icy pole, TAS for a walk through of the workshops then upstairs for a vegemite sandwich and fairy bread then to the library for a quick group photo before heading to the gym and an introduction to our local game of matball.



We followed this with a sausage sizzle and a visit to the ag farm. The visitors were really enthralled with the animals and had a blast.

Jane O'Dwyer, the organiser sent through this vote of thanks:

On behalf of Tonkoh, Dale and Trish I just wanted to thank you for a great day Friday. As always you are so well organised which makes the day run well.

The school and students were so very genuinely welcoming as always. The students involved in leading the school tour did an excellent job. It's a great informal, fun and interactive way for the kids to get to know each other and learn about the school. Everyone enjoyed mat ball, even the die hard 'I only want to play soccer' boys! Who doesn't love a bit of friendly competition.



Please pass on our thanks to the agricultural teacher (I didn't catch his name) for giving the kids such a great hands on experience. I think all the laughs, smiles and squeals tell the story for that one!

The Newcastle kids had a ball and are keen to come back next year. They are also keen for you to visit them any time!! It's a great opportunity for them to broaden their knowledge and understanding of Australia and make connections with the kids.

And from Trish, the community liaison worker:

Your students were super amazing. All the students went that extra mile to make our kids feel welcome. A real pleasure meeting them, and you have a beautiful school. I believe a few of our students want to move out there now and live there!

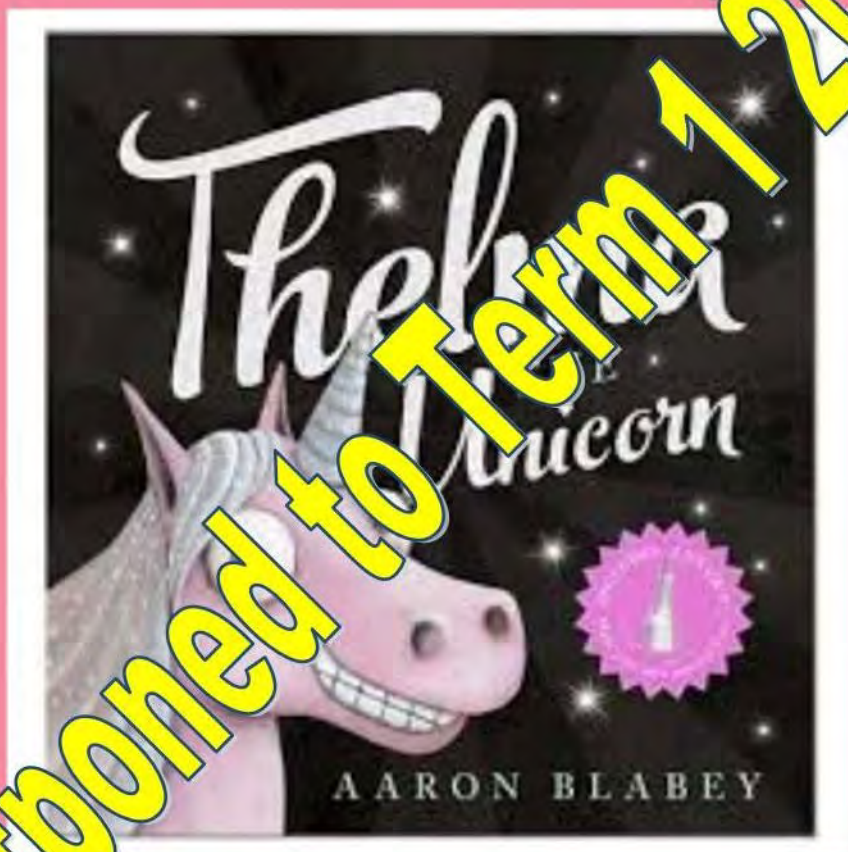
Congratulations and thanks to those students involved for another wonderful cultural experience. Your skills, as always, are multiplying!

Thanks also to Mark O'Brien, Anna Wilson, Sharni Griffith, Bron James, Christie Howell and Allison Munro. Looking forward to another great visit next year.





A progressive theatrical  
extravaganza with delightful  
delicacies and entertaining stories.



Fun, friendship and fireworks! An  
interactive night for young and old.



Mrs Munro's Year 7 LOTE class enjoying crepes.



## Lost Property

Has your child lost anything????

We have oodles of lost property, please ask at the office. We have everything from crocs (the shoe not the reptile) to lunch boxes.

## SENSE RUGBY

Does your child need help to be part of a team or a group?

Sense Rugby is a rugby based Occupational Therapy program and we are teaming up with All Together Therapy to launch at Port Macquarie!

We use modified rugby drills to help kids:

- Process sensory information
- Focus on activities
- Work on their coordination
- Manage their emotions
- Have fun with other kids!

Come and try it at our launch day! Not only will it be free and fun, but it will be run by Australian Rugby Sevens Olympian - Jesse Parahi.

When: Sunday 17<sup>th</sup> January 2019

Time: 9am - 2 pm (NB: hour time-slots allocated on sign-up)

Where: To be confirmed (oval in Port Macquarie)



Sign up on our website at

<http://www.senserugby.com.au/sign-up-for-free-launch-dates-here/> or contact on [Hello@senserugby.com.au](mailto:Hello@senserugby.com.au).

### Our Founders Jesse Parahi

Jesse has been a regular fixture in the Rugby Sevens World Series for the past 6 years. He won a bronze medal at the Glasgow Commonwealth Games in 2014, participated in the Sevens Rugby World Cup in Moscow and was awarded the 2012 RUPA Rugby Sevens excellence award. In 2015, he helped the team qualify for the Olympics in Rio and became an Australian Olympian in 2016.



### Carlien Parahi

Carlien is an experienced Paediatric Occupational Therapist who spends her days helping children and their families to get to the bottom of learning, developmental and social-emotional delays. She has significant experience in helping parents to understand more about and help children to overcome or improve Sensory Processing Disorders/difficulties, delays in gross motor or fine motor skill development, Autism Spectrum Disorders, Social-emotional difficulties, ADHD and many more. Carlien has a special interest in sport and its therapeutic use, her empathetic nature and knowledge in child development has helped hundreds of children become more successful at their daily activities.

### GET IN TOUCH

WWW.SENSERUGBY.COM.AU  
HELLO@SENSERUGBY.COM.AU  
PH: 0421 229 069

FACEBOOK: SENSERUGBY  
INSTAGRAM: @SENSERUGBY

## PLAY OR REFEREE FOOTBALL IN 2019

Opportunities to play and referee football at varying levels exist. There is competitions to suit everyone from a beginner to an experienced player or match official.

The NSW government is also offering a \$100 Active Kids Rebate in 2019. See the below link for all details on the rebate voucher and how to register in 2019.

Football Mid North Coast invites all those interested in playing or refereeing to register. Who knows, the next Soccerroo, Matilda or FIFA Match Official may be you!

For more information please contact the FMNC Office on 0285 850 351.

FMNC wishes everyone a safe and happy Christmas and New Year.

2019 Information will be posted here in due course - [www.footballmidnorthcoast.com/](http://www.footballmidnorthcoast.com/)



FOOTBALL  
MID NORTH COAST

### PORT MACQUARIE JUNIOR RUGBY UNION



### GIRLS COMPETITION



Club Secretary - Trudi Wilmot Ph: 0431 243 905 or [trudiwilmot@gmail.com](mailto:trudiwilmot@gmail.com)  
Club Registrar - Jacqueline Ostler [jackiostler@yahoo.com.au](mailto:jackiostler@yahoo.com.au)

**U14 & U16 GIRLS  
STUART PARK  
PORT MACQUARIE**  
**Season Starts  
May 3rd 2019  
715pm - 815pm**

### TEAM TRAINING TIMES AND FIELDS

Please contact:  
**Lisa Vogel - 0431 093 659**  
-PIRATES- [mcmercee@hotmail.com](mailto:mcmercee@hotmail.com)  
**Will Pollock - 0405 307 598**  
-THUNDER- [willpollock@bigpond.com](mailto:willpollock@bigpond.com)  
**Tracey Munday - 0427 686 598**  
-CANNONBALLS- [tdm345@bigpond.com](mailto:tdm345@bigpond.com)  
**Scott McManus - 0411 861 059**  
-VIKINGS- [skandus99@bigpond.com](mailto:skandus99@bigpond.com)

### PORT MACQUARIE JUNIOR RUGBY UNION



### ENQUIRIES PLEASE CONTACT

Trudi Wilmot - Secretary  
[trudiwilmot@gmail.com](mailto:trudiwilmot@gmail.com)  
0413 243 905  
Jacqueline Ostler - Registrar  
[jackiostler@yahoo.com.au](mailto:jackiostler@yahoo.com.au)

Registration  
start from  
\$100  
Government  
School  
Voucher  
available



### FRIDAY NIGHT RUGBY

U6/U8 Girls & Boys 5pm-6pm  
U10 Girls & Boys 530pm-615pm  
U12 Girls & Boys 615pm-715pm  
U14/U16 Girls 715pm-815pm

### SEASON STARTS

**May 3rd 2019**

Stuart Park Port Macquarie

COME AND TRY RUGBY  
GIRLS & BOYS

**FRIDAY 5TH APRIL**

**5PM-630PM**

**FRIDAY 12TH APRIL**

**5PM-630PM**

Please feel free to contact any of the named teams for specific training schedules. If you are not affiliated with a team please contact Trudi or Jacqueline from Port Macquarie Junior Rugby Union and they will assist you with your enquiries.