

Term 2 Week 2

9 May 2025

# WHS NEWS

*Knowledge conquers all*



## ON THE FRONT PAGE:

*School Cross Country  
See Page 6 & 7*

## WHAT'S ON?

**RESPECTFUL RELATIONSHIPS**  
from Mon 12 May

**VACCINATIONS**  
Tues 20 May



# SPECIAL MENTIONS



This week, our talented young athletes faced off against St Columba Anglican School, one of the top contenders in our region.

In a highly competitive match, our team showcased remarkable determination and skill, holding SCAS to a 0-0 draw at halftime.

This was an impressive feat, especially considering we were up against a team that was mostly 15-year-olds, while our squad was made up of talented 14 and 13-year-olds.

Although the match concluded with a 5-0 scoreline in favour of SCAS, our players demonstrated exceptional teamwork and resilience throughout the game. Their hard work and commitment to competing at such a high level are commendable, and it is clear that they are developing their abilities and gaining valuable experience.

We are incredibly proud of our U15 team for their effort and sportsmanship. Every match is an opportunity for growth, and we are confident that with continued practice and dedication, our young athletes will only improve.

**Bring on Cumberland!!!**

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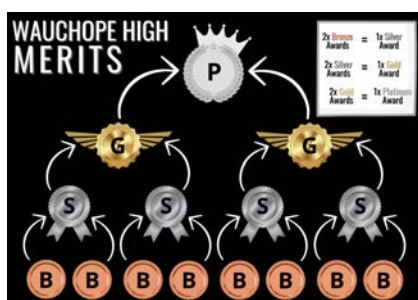
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**Students receive merits by consistent demonstration of the School's Core Values (Best Effort, Care and, Respect and Safety)**

**Receiving these awards gives you a chance to get an invite to our annual Reward Day!!**



**@wauchopehighschool**

# IN THE SCHOOL KITCHEN

YEAR 7



YEAR 9





# ANZAC DAY COMMUNITY MARCH



Wauchope High School was well represented at the Wauchope community

Anzac March last week. Our school captains and vice-captains were outstanding ambassadors, playing active roles at both the dawn and 11 am ANZAC services. Thank you to all students who proudly represented our school in the community 🙌





# VACCINATION CATCH-UPS

The following vaccines are offered free of charge to students at school on Tuesday 20th May:

## Year 7, 8 & 9 students (catch-up)

- diphtheria-tetanus-pertussis (whooping cough) vaccine (1 dose)
- human papillomavirus (HPV) (1 dose).

## Year 10 students (Year 11 & 12 catch-up)

- meningococcal ACWY vaccine (1 dose).

Vaccination will only be provided at school if consent has been received.

To provide consent for vaccination online, parents/carers will need:

- To complete online consent parents/carers need to visit the School Vaccination Program online consent portal (<https://engage.health.nsw.gov.au/engage>).
- For detailed steps on how to provide consent please refer to the NSW Health webpage, How to Provide Consent (<https://www.health.nsw.gov.au/immunisation/Pages/online-consent-school-vaccination.aspx>)

For online consent parents/carers will need:

- their ServiceNSW log-in details, or to create an account with ServiceNSW if they don't already have one
- Medicare details for parents/carers and their child.

Benefits of online consent for parents/carers:

- SMS notification three days before the clinic to remind parents of the vaccination day • SMS notifications on the day once vaccinations are given
- easy updating of their child's details online
- faster upload of their child's vaccination records to the Australian Immunisation Register (AIR)
- Printed consent forms are available and can be given to students where parents/carers cannot provide online consent, including for parents/carers or students who do not have a Medicare card or internet access (school staff will still need to collect signed printed consent forms and return them to the school vaccination team).

For more information

- Please visit the NSW School Vaccination Program webpage <https://www.health.nsw.gov.au/immunisation/Pages/schoolvaccination.aspx>

## Is your child in year 7 or year 10?



### Provide your consent for routine school vaccinations online



Scan the QR code to give your consent now



To provide online consent visit:  
<https://engage.health.nsw.gov.au/engage>

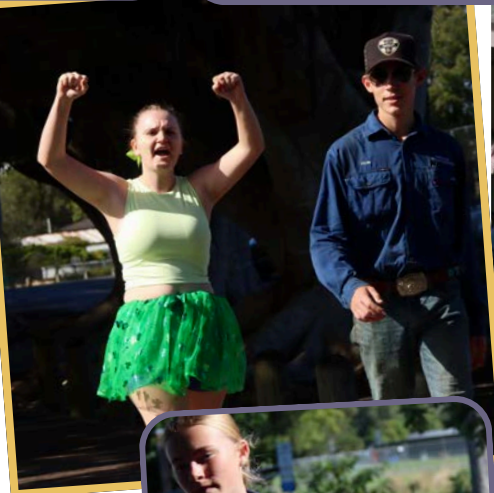
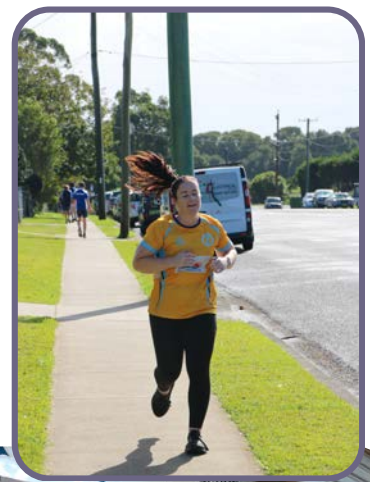
For more information visit:  
[health.nsw.gov.au/schoolvaccination](https://health.nsw.gov.au/schoolvaccination)

November 2023 © NSW Health.  
SHPN (HP NSW) 220990.

NSW Health



# CROSS COUNTRY



Thankfully the rain held off for our students to complete their Cross Country this year. Just over 200 students participated, which is the highest number we've seen in awhile 🙌🏻🏃🏻. One student was so keen, he ran his race twice 😲. Well done to all students, it was an amazing day!!





# CROSS COUNTRY



## AGE CHAMPIONS



### Cross Country Age Champions

**12 YRS:** Caitlyn H & Laikyn B

**13 YRS:** Jordyn W & Olyver W

**14 YRS:** Peyton M & Flynn M

**15 YRS:** Candice C & Matthew C

**16 YRS:** Holly H, Coby A & Sam H

**17 YRS:** Shelby H & Vincent M

**18 YRS:** Marney R & Jack G

Well done to all students who participated  
in our Cross Country & good luck to our  
students who qualified for the  
Lower North Coast Cross Country 🙌🏃





# NORTH COAST RUGBY LEAGUE TRIALS



On 10th April, four Wauchope High students represented Southern division (Lower North Coast and Mid North Coast) against Northern (Northern Rivers and Far North Coast) at Coffs Harbour, fighting for selection in the 15s Boys, 16s and Open Girls North Coast Rugby League teams.

Often the ability to be chosen in a trial situation comes down to which position you are playing, your opposition player and the opportunities given to you in both attack and defence. Forwards and halves tend to see more ball than outside backs, so it can be difficult to shine at times out wide.

At the end of four quality games played on the day, Josie was selected in the Open Girls, Emilie in the 16s Girls, while Chloe and Billy were unable to make their respective teams, despite playing well.

Josie and Emilie now play for North Coast against Hunter on the 30th of April, in a bid to make the Northern NSW team which will then proceed to the CHS Selection trials in Wollongong.

Good luck to both girls 🙌🎉



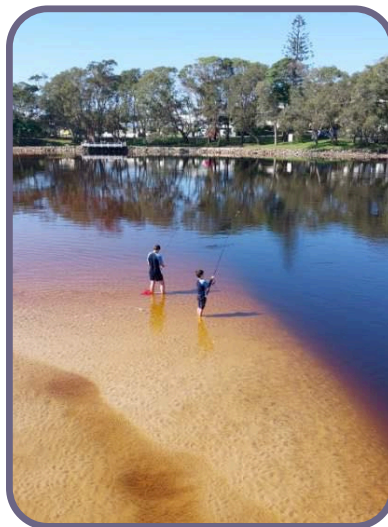
# BROSPEAK ON COUNTRY



Our BroSpeak students had an amazing day out on country on the 4th April, where they joined local elders and community knowledge holders for a fishing trip facilitated by Tristram from Strong Spirit Services.

The boys had an incredible time, catching heaps of fish while learning about traditional practices and cultural connections to the land.

A huge thank you to our community mentors and knowledge holders for guiding us through this experience and sharing their wisdom with the next generation. What an unforgettable day of learning, yarns, laughter, and connection to country!





# IRONMAN



On Sunday the 4th of May, 25 students and 7 staff members represented Wauchope HS with pride, volunteering to run two stations along Telegraph Point Road at Ironman Australia 2025. Despite the challenging weather conditions, our students and staff went above and beyond to provide nutrition and hydration to the athletes and support crews, direct the athletes along the course, provide basic first aid to athletes in need, and above all else, cheer, encourage, console, assist and support every single athlete in their mammoth efforts to complete the 180km bike leg. Thank you to all our volunteers for 2025!!!





# WAUCHOPE SHOW



On the Saturday of the Wauchope Show our School Show Team participated in the Beef Cattle Competitions. Six students attended the Show and two of our members were unable to attend. The day began with Cattle Parading competitions and while our students did not place in their heats I have seen a real improvement in their skills with leading cattle and their confidence in being in front of a judge.

Next up were the Stud Cattle classes and we were very successful in the Red Poll Breed taking out 4 first place ribbons and then the Champion Red Poll Cow and Calf class as well as Reserve Champion Red Poll Female. Our Crossbred Heifer competed in the 400-500kg class but was not successful in placing.

Congratulations to Alana D, Miley M and Amali S from Year 9 for their effort on the day and in the weeks leading up to the Show. Also thankyou to Zara S and Erin F who while they could not be at the Show were involved in all of our lead up work in preparing cattle.

Finally I would like to acknowledge the three Year 12 students in Dylan T, Miah A and Emily J who participated in their final Show as Wauchope High School students. These students have been involved in the Show Team since Year 8.

The Team cannot operate without the assistance of our Farmhand, Mr Noel Tape and I am very grateful for the work he does in support of me and the Team.

Adrian Palmer





# ROYAL EASTER SHOW



At the Royal Easter Show, our students, alongside multiple other schools, completed their mandatory work placement by running the Rural Café as part of their cookery course. They demonstrated exceptional teamwork, professionalism, and a positive attitude throughout the experience. Their behaviour was outstanding, and they received glowing feedback from both staff and visitors for their friendly service and the high standard of food they prepared and served. Well done to William G, Marcus C, Eleanore J, Abby-Rose F, Abigail G, Miah A, Hayley M, Shayla M, Indy H.



Simeon James & Taylor Chelman





# MOTHER'S DAY BREAKFAST



A huge thank you to all the wonderful mums, grandmothers, carers, and special women who joined us at our Mother's Day Breakfast BBQ.

It was a beautiful morning filled with smiles, laughter, and connection as we celebrated the incredible women in our students' lives. We loved seeing so many families enjoying a bacon & egg roll, brownies, a cuppa, and a chat before the school day began.

Your presence made the morning extra special, and we are so grateful for all you do.

Wishing all our amazing mums and caregivers a very Happy Mother's Day!



The WHS Mothers Day Stall was a great success! A big thank you to Mrs Virginia Cox for her ongoing support and dedication to the students at Wauchope High School. A donation of \$220.50 was made to Legacy Op Shop.





# SCHOOL'S OUT RADIO SHOW



Wauchope High School presents the School's Out Radio Show live on 2Way 103.9fm each month. Students share news about our school, talk about topics of interest and select music to play.

If students would like to get involved, see Ms Moore for more information. Tune in to our show next Wednesday 14th May from 6-8pm 📻



## mother

(verb)

to give birth to; to give rise to;  
to care for or protect like a mother

## WORD WIZARD

### QUOTE CORNER

QUOTE

“Be yourself;  
everyone else is  
already taken.”

– Oscar Wilde

”

## GOTCHA!

Congratulations to the term 1 week 11 & term 2 week 2 winners of the \$5 Gotcha canteen vouchers:

**Zaviah C, Year 7**  
**Jack G, Year 12**  
**Indy H, Year 9**

**Ashley F, Year 7**  
**Aryk M, Year 10**  
**Mia B, Year 10**

Gotchas are awarded for doing the right thing and respecting our school values.





# CREATE & CONNECT

PORT MACQUARIE GIRLS CRAFT CAMP

13-15TH JUNE

SCOTT'S HEAD

GIRLS IN YRS 5-9



**Scripture Union**  
NEW SOUTH WALES

## CREATE & CONNECT

**Is an art and craft camp that gives girls an opportunity to create awesome art and craft and connect with God and others.**

It doesn't matter if you are good at art and craft or you are a beginner. You will have the opportunity to choose from a range of different projects, from paper crafts to painting, sewing and so much more!

The accommodation is right on the beach where girls will stay in dormitories and eat plenty of delicious food!

Financial assistance is available for those in need!

**Sign up today!**



f sunsw    i su\_nsw    ☎ (02) 9638 9000

✉ [su.createandconnecthastingscamp@gmail.com](mailto:su.createandconnecthastingscamp@gmail.com)

<https://sunsw.org.au/camp-and-mission/create-connect-port-macquarie-hastings-2/>

## WHO?

Girls (yrs 5-9) in Port Macquarie and Surrounding Areas

## WHEN?

13-15th  
June 2025

## WHERE?

Christian Youth Centre  
7 Banksia Cres,  
Scotts Head, NSW, 2447

## COST?

\$180  
(\$170 early bird available  
only until 30th April)

## QUESTIONS?

Contact  
Amy Bird - 0490136792





Unit 20/14-16 Stanton Rd  
Seven Hills NSW 2147  
Phone: (02) 9674 9824  
email: [afrcal@theschoolphotographer.com.au](mailto:afrcal@theschoolphotographer.com.au)  
[theschoolphotographer.com.au](http://theschoolphotographer.com.au)

**YOUR SCHOOL YOUR STORY**

## Wauchope High School

### SPORTS and SPECIAL PHOTOS

Photos can be viewed and ordered online at

[www.theschoolphotographer.com.au](http://www.theschoolphotographer.com.au)

using the ordering code below:

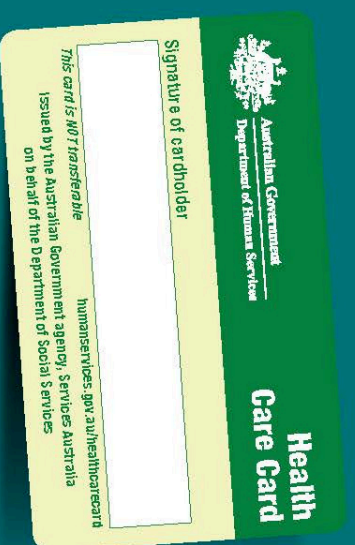
**25S1011SUP53W**

Photo prices are:

**\$20.00** each, 2 for **\$36.00**, 3 for **\$48.00**, 4 for **\$60.00** or 5 for **\$72.00**

Any additional photographs are **\$10.00** each.  
This discount is only available per family order.

Photos will be available to view and purchase **ONLINE ONLY**



## Do you have a health care card? You could be eligible for Saver Plus.

For every dollar you save, you'll get a dollar from ANZ to spend on educational costs, up to \$500.

To join, you need to meet all of these requirements:

- ✓ Be 18 years or older
- ✓ Have a current Health Care or Pensioner Concession Card
- ✓ Have a child in school, starting school next year, or be studying yourself
- ✓ Get a regular income (can be you or your partner)
- ✓ Agree to join in free online financial education workshops

**saverplus**

1300 610 355 [saverplus.org.au](http://saverplus.org.au)





# Calling all Artists!



## Are you a deadly First Nations Artist?

Be part of the celebration for Hastings NAIDOC Week 2025 event as we come together to honour Culture, Country, and Community.

We're inviting expressions of interest from Aboriginal and Torres Strait Islander musicians, singers, bands, performers and poets to take the stage at our NAIDOC Week Community Event on Thursday 10 July at Westport Park, Port Macquarie.

To express your interest, please send an email to Tarnika Edwards at [tedwards@uniting.org](mailto:tedwards@uniting.org), including your contact information, by mid-June.

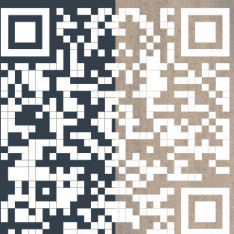


**THE NEXT GENERATION:  
STRENGTH, VISION & LEGACY**  
6-13 JULY 2025

# Our Community, Our Plan

Imagine 2050 - What Will  
Your Future Look Like?

Big ideas start with your voice.  
Council is planning for the future – from parks and playgrounds to roads, events, jobs and more. The plans are on exhibition from 22 April to 25 May, and we want to hear what young people think.



[pmhc.nsw.gov.au/  
our-community-our-plan](http://pmhc.nsw.gov.au/our-community-our-plan)