

Wauchope High School Newsletter

Email : wauchope-h.school@det.nsw.edu.au website: <http://www.wauchope-h.schools.nsw.edu.au>



Term 2 week 2



Wauchope High School Leaders 2019

Calendar of events

NAPLAN Years 7 & 9	Tuesday 14th May to Thursday 16th May
Athletics Carnival	Wednesday 22nd May (catch up day Wednesday 29th May)
Year 8 & 9 Examinations	Monday 20th May to Friday 24th May (excluding Wednesday 22nd May)
Year 7 & 10 Examinations	Monday 27th May to Friday 31st May (excluding Wednesday 29th May)
P&C Meeting	Tuesday 21st May 6pm Wauchope RSL

Congratulations to all students who have received faculty excellence awards this week. This is a great way of recognising consistent quality work. Well done to all recipients.

Our cattle team has again put in a fantastic effort as seen in our results at the recent Wauchope Show. Well done to all students involved and a special thank you to all staff, especially Mr Pinkerton who puts in many additional hours to support our cattle team and their participation.

A special thank you goes to all students and staff who represented the school at the recent Wauchope ANZAC Day ceremony and participated in the street march. Our school leadership team represented the school with pride and dignity as the captains delivered the ANZAC Day address at the dawn service and our Vice Captains and SRC Captain participated in the wreath laying ceremony and read the Prayer to the Nation at the 11 am service.

Our school recently participated, for the first time, in the local - da Vinci Decathlon. This is a team competition designed to test the problem solving and team work skills of our students. Our team were very successful in placing 3rd out of 24 teams in their first ever attempt at this competition. This is a fantastic result and we are all very proud of their efforts, particularly against schools that have been involved in this event for many years.

Next week all students in Years 7 and 9 will participate in NAPLAN testing. There has been a lot of media attention about the impact and use of NAPLAN which has been highly emotive. From the schools perspective, the results from this testing program are a useful tool in identifying possible areas of support that we can provide to support the development of your child's literacy and numeracy skills. I would ask you to encourage your child to participate fully in the testing program and do their best so that we get an accurate understanding of their skills tested in the program.

This test does not need to be something that students are worried about. They are not able to study for the test, it is simply a case of asking them to do the best they can on the day. If you have any concerns please contact the school and we will ensure that someone will discuss with you those concerns.

The school has fully implemented its Yondr program and is now a phone free zone from 9 am – 3:30 pm. I would like to thank all parents for their support in the implementation of this program. Remember – there are two options for your child. They can leave their phone at home or they place their phone in their Yondr bag before they come on site of a morning and remove it from the Yondr pouch as they leave.

In support of this program could I please ask parents that, if you need to contact your child during the school day, call the front office and we will make whatever arrangements are necessary. If your child needs to contact you they can go to the front office and we will ensure that this can happen.

Glen Sawle
Principal

Email : wauchope-h.school@det.nsw.edu.au
website: <http://www.wauchope-h.schools.nsw.edu.au>



Faculty Excellence Awards

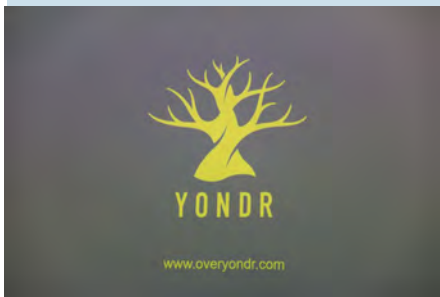
Every Monday on assembly a different faculty will be presenting their Faculty Excellence Awards. Students will be chosen for being consistently engaged and achieving academically within that subject area. Congratulations to the following students.



School Admin



Executive



Congratulations to the students of Wauchope High School who have shown maturity during the *Yondr* process.

There will always be those who find adapting to change more difficult but we are working through those initial challenges.

The students had all of their questions answered by the representatives from *Yondr* and when asked about their screen time there were some astonishing admissions, one student admitting to 10 hours and another, 13 hours!

Staff have noticed a change in the students in the short time *Yondr* has been a part of our school.



Amazing results for our cattle team this year at the Wauchope Show

The school has produced its best ever result in the annual Wauchope Agriculture Show held on Saturday, 27-04-19. Our Red Poll cattle came second in the interbreed class with a pair of outstanding heifers. This was the best outcome we have achieved with our breed at the show. It was even more commendable under the circumstances as the class off pure bred animals our cattle were up against was excellent and numerous.



There were almost 100 competitors at the show, including a number of other schools and stud farms. The team also won second, against stiff opposition for the best breed and raised school animal. Particularly pleasing was our first and second prizes and the Championship award, within our own breed, this year against

some good competition within the class.

The team this year had a number of new members, namely Summer, William, Luke and Harrison. Tegan, Zach, Phoebe, Jazmyn and Gretchen all returned after previous experience with the group. Mr Graham Pinkerton coordinated the motivated the very efficient and keen team.



A special thank you goes again to Mr Adrian Palmer the head of Agriculture at the school, Mr John Eggert and Mr Paul Price our farm assistants, and of course Mr Arthur Trotter, a former farm assistant, for their expert technical advice, logistics coordination, and their hard effort on the day, and prior to, to make sure everything went well.





The Youth Voice Forum was conceived from Councils ongoing engagement with the youth community, an opportunity for young people from across the region to come together to discuss the issues affecting them and work with peers to workshop solutions.

The around the table brainstorming sessions were led by the young people attending. The information gathered will assist Council's future youth focus planning and decision

making, whilst also informing on the best way for Council to continue to engage our young community and promote greater involvement and youth leadership.

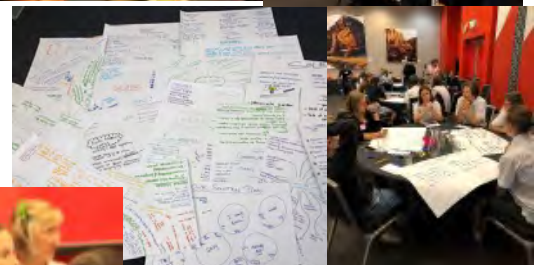
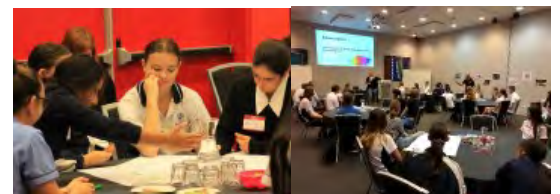
The inaugural Young Voice Forum was officially opened by Major Pita Pinson shortly, the Mayor spoke on the topic of young people taking a lead role into the future, discussed her experience as the Mayor and new hero's that inspire her.

Caitlin Axelby (Hasting Secondary College- West Port Campus) followed with the Acknowledgement of Country.

Lee Wood (Community Participation and Engagement Officer/Youth) As lead facilitator, explained the focus of the session and the engagement logistics.

These are the issues the students outlined:

1. The lack of education on waste.
2. Transport restrictions
3. Curriculum flexibility
4. The lack of equality in education (Feminism Stigma)
5. Gap between School & Work- Skills development needed
6. Road management/awareness- i.e. Cyclist vs Cars
7. Support for Mental Health issues - a lack of understanding causes stigmas
8. Lack of Mentorship opportunities, skills building and leadership training
9. Out of School youth focused activities
10. Youth Homelessness
11. Bullying
12. Social Media
13. Intergenerational divide
14. The Environment, Global warming and sustainability
15. Lack of youth involvement in the community
16. The voting age (needs to be lowered)
17. Not knowing about youth focused opportunities - Poor engagement.





The school **ANZAC Day Commemoration Service** took place on the last day of term one. Thank you to Mr Des Hancock , President of the Wauchope RSL Sub Branch Major Mick Brownlow and Mr Graeme Cox for being part of our service.



Mr Graeme Cox, who is a retired teacher from Wauchope High School and a veteran of the Vietnam War gave the Occasional Address.

Mr Des Hancock presented the RSL awards to Emily Gorley and Brianna Kennett.

ANZAC Day March



A small but committed group of students and staff took part in the recent Anzac Day ceremony in Wauchope. The school marched from the Wauchope RSL to the Cenotaph on this solemn occasion. The Welcome to Country address was given by the school captain Caitlin Miller and the keynote speeches were given by the vice-captains, Ella-Jai Nolland and Edward Muro. All three spoke with great pride and eloquence. Shikira Porter (SRC President) and Flynn Warburton (School Captain) laid the wreath at the cenotaph.



Thank you to the following students who showed respect and community spirit by taking part in the ANZAC Day march:

Jessie W, Kelly W, Chloe B, Edward, Zahara, William, Wayde C, Jasmine K, Ella-Jai, Maddy F, Jadah C, Grace B, Luke H, Josh H, Riley D, Tiarrah, Chad, Flynn, Jenaya, Caitlin M, Shikira.





Part 6 Day 10

15th January

10 Students and 1 staff member had decided they were interested in visiting the United States of America.

For the past 2 years, (2017-2018) students were saving to pay off this adventure, applying for passports and entry visas into the USA. 18 Days of travel, including Los Angeles, San Diego (where students and staff were hosted by fabulous American families) and San Francisco. Throughout the year, glimpses of the trip will be placed into the newsletter and Facebook pages to show everyone the places we saw and the fabulous time we had.

If Anyone is interested in a future G'Day USA trip, please contact Mr Grimson, here at WHS, 6585 1400.



We stopped on our way to Old Town at a memorial site at the top of a hill which overlooked much of San Diego. Although it was cool and wet, the views were absolutely worth the time.

OLD TOWN

Old Town San Diego is the site of California's first permanent European settlement. It is considered the birth place of California. It is rich in Mexican culture, architecture and historic buildings, fashion, food (which is a must to try) and the people. A terrific experience. Their masks that they use for the "Day of the Dead" parades are fantastic but I don't know how they would go in a stuffed suitcase as they are fragile. After some looking and a bite to eat for lunch, it was time to get back onto the bus for our next destination.



LAS AMERICAS PREMIUM OUTLETS

YEP! SHOPPING! SHOPPING! SHOPPING!

Nestled on the Mexican border, lies a huge shopping complex with just about every brand of clothing, footwear, electronics, jewellery, etc.

The kids went mad.

The Australian dollar was low against the \$US which meant that the bargains were not that great in comparison to what we pay back home, but with some careful looking, bargains could be found. Clothes and shoes were the main purchases.

As we finalised our purchases, we went back to a parking lot to wait for the bus. We could see Tijuana through the existing wall. Well, there were 2 walls at the border crossing. One complete and the other not yet so. It had armed guards that were stationed there 24/7.

After we were picked up, it was back to our host school and host families.





Netball

The netball calendar has been hectic so far this year with WHS performing well. The girls have trained well on Monday afternoons and improved many aspects of their game.

The Open Girls Team is again on track to accomplish big things if they can beat their nemesis Macksville early this term. Hopefully all things will go right for them on the day and they can go to State again this year.

Four teams were entered in the Schools Cup Competition in Port Macquarie and they all played well, showing excellent sportsmanship under very hot and trying conditions. Special thanks to Mrs Thornton for enduring the heat and helping out with teams.



The senior students who umpired and coached teams for the day were excellent and also deserve special recognition.



Two teams also represent WHS in the local Wednesday night competition. Many new faces at school are playing and all parents new and old are to be congratulated on supporting their girls and the school by turning up each week. Thanks Netty Heads!

Mrs Broderick

Open Girls Football

Congratulations girls 4 –1 victory against Melville High School



Cross Country



Age Champions

Cooper, Zarn, Charlotte, Reece, Shikira, Kurt, Ella, Sophie, Blake, Stella, Jack, Ryan, McKenna, Alivia & Amarlie

House Placing

1st Gordon

2nd Lawson

3rd Paterson

4th Kendall



On Wednesday our **Boys Tennis Team** travelled to Kendall Tennis Courts to play Camden Haven High School. There were some smashing serves and superb shots from all players. The boys played a mixture of singles and doubles matches. Despite our best efforts, the Wauchope team were defeated by a very capable Camden Haven team. Well done to Cohen, Liam, Cameron Wayde for their skill and sportsmanship.



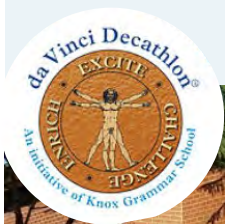
Wayde Coombes and Declan Batchelor were both selected in the **LNC Boys Soccer Team**, which went to Murwillumbah for Nth Coast selection trials. This was announced on assembly last term but unfortunately omitted from a previous newsletter, our apologies to the boys.

COUNTRY SECONDARY SCHOOLS CHESS COMPETITION

Tyson, Texas, Ash and Nick competed in round two of the Country Secondary Schools Chess competition against Hastings Secondary College, Port Macquarie campus last week. The boys played well against the evenly matched Port High team winning 2 of the 4 games.



DA VINCI DECATHLON



On Tuesday Charlotte, McKenna, Morrow, Jaycie, Piper, Abigail, Hayley and Maya participated in the da Vinci Decathlon at St Columba. The da Vinci Decathlon is an academic competition designed to challenge and stimulate the minds of school students. Students compete in teams of eight across 10 disciplines: engineering, mathematics and chess, code breaking, art and poetry, science, English, ideation, creative producers, cartography and general knowledge. The students had to think creatively, problem solve and work as a team.

The Wauchope High School team competed against 24 other teams coming first in code breaking and third in science with an excellent overall placing of 3rd.

Well done team!!!



CAREERS

Charles Sturt University Explore Day 9th April

It was fantastic to see 48 of our year 10, 11 or 12 students take the opportunity to check out what university is really like. Explore Day involved the students choosing and attending two university courses for the day. They had access to lecturers and current students who provided information about university life in general and all the services and support offered by the staff at Charles Sturt University.



There's a new way to get into Charles Sturt University.

The Charles Sturt Advantage is the **early entry program** just for you.

We've been talking with employers about why they love our graduates so much. They told us that it's not just because they are so well trained for their jobs – it's that something extra they bring. It's the soft skills that give them the edge.

What are soft skills? They're skills like emotional intelligence, collaboration and communication skills, resilience and a commitment to creating a world worth living in.

We value these skills here at Charles Sturt University and want to reward you for having these special qualities.

That's why our new early entry program is changing the game on how you apply to university. We're looking beyond test scores and searching for people ready to unlock their potential and develop their soft skills while they study.

Have you got what it takes?

Register now to get all the details straight to your inbox. You'll be the first to know when applications open – and well on your way to gaining early entry to Charles Sturt University based on the qualities unique to you.

Key dates: Applications open – June 2019..... Applications close – August 2019

We'll tell you the outcome – September 2019..... Start your course – March 2020

CAREERS

Mid North Coast Careers Market

Wauchope High School will be organising a visit to the Mid North Coast Careers Market at the Glasshouse in Port Macquarie on Tuesday 14 May. Students will be leaving school at 9.15am and return by 12.00pm. This is an excellent opportunity for students to explore career and training ideas and network with trainers and employers.



2019 YEAR 10 WORK EXPERIENCE PROGRAM

During 2019 the school, with the cooperation of the business community, will be running a Work Experience Program for our Year 10 students.

This year the program will be conducted during the following weeks:-

Monday 17th June to Friday 21 June 2019 inclusive

And/Or

Monday 24th June to Friday 28th June 2019 inclusive

As in past years, this program will prove most useful in giving students a broader appreciation of the world of work and also prepare them for the important decision making processes relating to their future careers.

Students will be required to find their own work experience and to find their own methods of travel to and from work each day. The work experience program is not mandatory for our students.

We must point out that students will have to comply with strict deadlines set down by the school for the return of all permission notes, documents and return of Student Placement Records. Please ensure the Student Placement Record is fully completed and signed by the student's parent and the host employer and returned to the Careers Office at school by **no later than Friday 31st May 2019**.

Students are also required to complete a mandatory Work Health Safety Awareness booklet prior to going out on Work Experience. This booklet will be completed in Careers lessons or can be collected from Mr O'Brien

As parents, you have an important influence on student career planning. Please discuss the Work Experience job choice/s with your son or daughter and ensure they are being realistic in relation to their abilities, interests and the program. Students are encouraged to make appointments and ensure they present themselves adequately when approaching prospective employers. If you have any questions or concerns please contact me at school.

Mark O'Brien (Relieving Careers Adviser)

Mark.obrien@det.nsw.edu.au

We need you!

The **WHS Positive Behaviour for Learning (PBL)** team are looking for student and parent representatives to join our team. At the moment the team consists of teachers and we would appreciate input from different perspectives in the school including current students and parents of the Wauchope community to help our direction in fostering positive behaviour at Wauchope High School.

Meetings are scheduled every second Tuesday (B week) at 8:30am in the library.

If you have any questions or are interested in joining the PBL team please call or see Mrs Hinshelwood in PDHPE staffroom.



CAREERS

What's happening at Wauchope????

Welcome to Term 2 in Careers.

Key dates for 2019

Term 2

- | | |
|-------------|--|
| 1st May | Personalised HSC exam timetable available on NESA Students Online-see Mr O'Brien if you need assistance to access your account. |
| 1st May | Southern Cross University has their STAR early entry scheme. Student Registration/Applications open online. See https://explore.scu.edu.au/star . Registrations/Applications close on 13/9/19. |
| 14th May | Mid Coast Connect Careers Market-Glasshouse Port Macquarie-limited numbers, \$3:00, periods 1-2. Bus will be leaving from WHS after roll call. |
| 6th of June | Aboriginal Health Careers Expo-Slim Dusty Centre Kempsey Years 10/11/12 |
| 3rd July | University of Newcastle Open Day – approx. \$20 - tour of university, faculties and accommodation - add your name to the interest list on Careers noticeboard. Same time as Cumberland. |

Term 3

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|------------------|--|
| 1st August | Lower North Coast Careers Expo Camden Haven High School– opportunity to talk to all NSW universities and other tertiary providers. |
| 12th-23th August | Week 4 & 5 Trial HSC Examinations |

Term 4

- | | |
|---------------------|---|
| 17th Oct – 12th Nov | HSC Examinations |
| 22nd October | Southern Cross University Discovery Day-Coffs Harbour Campus |
| 17th Dec | HSC results available via Students Online |
| 18th Dec | ATAR released via Universities Admissions Centre (UAC) 9:00am |



Mock Trial

The Wauchope High School Mock Trial team travelled to Raymond Terrace to participate in the competition against St Josephs, Aberdeen, an opponent we had not faced before and one in which we went in against totally blind.

We were the prosecution in a criminal case where the victim, Larnah , was assaulted at a political rally. There were no eggs hurt in this case. Her friend, Chloe, witnessed the assault which was carried out coincidentally, by Chloe's mum (in the Trial, not in real life).

The legal team was made up of Barrister's Matt and Piper .They were again supported by solicitor Grace The court was ably run by Marie Ely. Everyone performed their part to perfection and the final result was a dead heat, which is a tie.

Like the NRL, ties are not permitted so the judge had to split the score. She said one person stood out so they got the extra point.

It was with great participation that we waited for the final result. After the sum up the judge announced the result. And the winner is Wauchope. How good. Matt said it must have been Piper who was the difference, so she was our most valued team member.

Highlights of the trip were Matt's music on the down trip, a music collection he took from his parents, Matts 24 chicken nuggets which he consumed after our win and the vandalism of Mr Johnson who used disposable coffee cups on his two trips to McDonalds.

A big thanks for Mr Johnson for assisting Mr Houlahan on the day.



Woolworths Earn and Learn 2019

Shoppers, we need you!!! Our school will be participating in the Woolworths Earn and Learn program, all proceeds going to our Support Unit. From Wednesday 1st May to Tuesday 25th June, we are collecting Woolworths Earn and Learn stickers. This program gives schools the chance to earn new educational resources. All you need to do to make a difference at our school is to simply shop at Woolworths and you will receive one Woolworths

Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco, and gift cards). Then place the Woolworths sticker onto a Earn & Learn Sticker Sheet. Completed Sticker Sheets and/or stickers can then be dropped into our collection box in the front foyer here at school. Sticker sheets are available at our school from the office, Woolworths, or you can download them from www.woolworths.com.au/earnandlearn.

Every sticker collected benefits our students by providing them with more educational resources. The range is extensive and offers lots of items ideal for our students – including resources for Maths, English, Science, Arts and Craft, Sport and for our library.

If you'd like to know more visit www.woolworths.com.au/earnandlearn.

Thank you for your support!

Participation in NAPLAN

All students in Years 3, 5, 7 and 9 are expected to participate in the annual NAPLAN assessment.

Students with disability may qualify for adjustments that reflect the support normally provided for classroom assessments. You should first discuss the use of any disability adjustments for your child with your child's teacher.

A formal exemption may be granted for a student with disability that severely limits their capacity to participate in the assessment, or for a student who has recently arrived in Australia and has a non-English speaking background.

Your school principal and your local test administration authority can give you more information on NAPLAN Online disability adjustments or the process required to gain a formal exemption.

NAPLAN Online 2019 timetable

The assessment window for NAPLAN Online is extended from three days provided for the paper test to nine days. This is to give schools more flexibility in scheduling and accommodate schools that may have fewer devices. The NAPLAN Online assessment window starts on Tuesday 14 May and finishes on Friday 24 May 2019.

The online tests must be taken in the following order:

Test	Duration	Order	Details
Writing	Year 3: 40 min. Year 5: 40 min. Year 7: 40 min. Year 9: 40 min.	To be completed in the first two days	Year 3 students do a paper-based writing test on day one only
Reading	Year 3: 45 min. Year 5: 50 min. Year 7: 65 min. Year 9: 65 min.	To be completed after the writing test	Students read a range of informative, imaginative and persuasive texts
Conventions of language	Year 3: 45 min. Year 5: 45 min. Year 7: 45 min. Year 9: 45 min.	To be completed after the reading test	This test includes spelling, grammar and punctuation
Numeracy	Year 3: 45 min. Year 5: 50 min. Year 7: 65 min. Year 9: 65 min.	To be completed after the conventions of language test	This test includes number and algebra; measurement and geometry; and statistics and probability

What If my child is absent from school on assessment days?

Where possible, schools may arrange for individual students who are absent at the time of testing to complete missed tests at another time during the school's test schedule. Individual students are not permitted to sit NAPLAN online tests after Friday 24 May 2019.

How is my child's performance measured?

Individual student performance is shown on a national achievement scale for each assessment. A result at the national minimum standard indicates that the student has demonstrated the basic literacy and numeracy skills needed to participate fully in that year level.

A NAPLAN individual student report will be issued by your child's school later in the year. If you do not receive a report, you should contact your child's school.

How are NAPLAN results used?

- Students and parents may use individual results to discuss progress with teachers.
- Teachers use results to better identify students who would benefit from greater challenges or extra support.
- Schools use results to identify strengths and areas to improve in teaching programs, and to set goals in literacy and numeracy.
- School systems use results to review programs and support offered to schools.
- The community can see average school NAPLAN results at myschool.edu.au

Where can I get more information?

For more information about NAPLAN:

- contact your child's school
- contact your local test administration authority at nap.edu.au/TAA
- visit nap.edu.au

For information about how personal information for NAPLAN is handled by ACARA, visit nap.edu.au/naplanprivacy

NAPLAN Online – information for parents and carers



2019

Why do students do NAPLAN?

The National Assessment Program – Literacy and Numeracy (NAPLAN) assesses literacy and numeracy skills that are essential for every child to progress through school and life. Students in Years 3, 5, 7 and 9 participate in the annual NAPLAN tests in reading, writing, conventions of language (spelling, grammar and punctuation) and numeracy.

The assessment provides parents and schools with an understanding of how individual students are performing at the time of the tests. NAPLAN is just one aspect of a school's assessment and reporting process - it does not replace ongoing assessments made by teachers about student performance.

NAPLAN also provides schools, education authorities and governments with information about how education programs are working and whether young Australians are meeting important educational outcomes in literacy and numeracy.

What is assessed?

NAPLAN assesses literacy and numeracy skills that students are learning through their regular school curriculum. All government and non-government education authorities have contributed to the development of NAPLAN materials.

In 2019 most students across Australia will sit NAPLAN online.

Feedback in the first year of NAPLAN Online showed that students engaged well with online assessments. One of the main benefits of NAPLAN Online is tailored (or adaptive) testing, where the test automatically adapts to a student's test performance. The test presents questions of higher or lower complexity, depending on a student's performance.

Tailored (or adaptive) testing is designed to assess a wider range of student abilities and to measure student achievement more precisely. Your child should not be concerned if they find questions more challenging than usual; they may be taking a more complex test pathway. A student's overall NAPLAN score is based on the number and complexity of questions they answer correctly.

NAPLAN Online is not a test of keyboard skills. There are variations in how fast and well a student can type – just as there are variations in how fast and well a student can write by hand. Year 3 students will complete the writing test on paper.

To get an idea of what the online assessment looks like, visit the public demonstration site at nap.edu.au

How can I help my child prepare?

Help your child prepare by reassuring them that NAPLAN is just one part of their school program, and by reminding them on the day to simply try their best. Teachers will ensure students are familiar with the types of questions in the tests and will provide appropriate support and guidance. Ensuring students are familiar with using devices, typing on them and navigating through programs are a part of student learning and a requirement of the Australian Curriculum from the first year at school.

ACARA does not recommend excessive preparation for NAPLAN or the use of coaching providers. NAPLAN is about assessing learning progress in literacy and numeracy.

Will my child sit NAPLAN on paper or online?

In 2019, your child will sit the NAPLAN online tests. However, children in some other schools across Australia will sit the NAPLAN paper tests this year. Federal, state and territory education ministers have agreed that all schools will move online by 2020. State and territory education authorities will determine when their schools move online.

As students are assessed on the same literacy and numeracy curriculum content, regardless of whether they complete the test online or on paper, results for both formats can be reported on the same NAPLAN assessment scale. To find out more about NAPLAN Online, visit nap.edu.au

Wauchope High to host 44th Cumberland Visit

It's that time of year again. Wauchope High School is gearing up to host the 44th Cumberland Interschool Visit, with up to one hundred students making the journey from Sydney to contest the Parsons Memorial Shield against their country counterparts over three days of fierce competition.

Students from the two schools participate in a wide variety of sporting and cultural events, which are jam-packed into a non-stop program. These events include Hockey, Touch Football, Soccer, Athletics, Netball, Tennis, Basketball, Softball, Volleyball and Futsal, as well as the Mock Trial. The city slickers barely have time to unpack the bus before the competition begins.

Part of the attraction of the Visit, and the reason for its longevity, is the friendships that are created and fostered between staff and students alike, with many still remembering fondly their time in either team, even if that time may have been 20-30 years ago. These friendships are often closest between students from the visiting school and the family that billets them, as there is a unique opportunity for these city-based children to enjoy and experience life in a small country town, or even rural life on its outskirts.

Billeting, having Cumberland students stay at the homes of Wauchope students for two nights, is crucial to the success of the entire event, as without this generosity from our school community, it simply cannot run. As is always the case, we are asking for families of students at Wauchope High to put up their hand to take billets for the nights of Wednesday 3rd and Thursday 4th July. Your child does not have to be a member of this year's team to take a billet, but if they are involved, we would really appreciate your support by agreeing to house a student from Cumberland. Billet forms will be available at the school, so ask your child to bring one home if you can help.

For further information, please contact Chris Hancock or Melissa Broderick at the school on 6585 1400.





Subsidised workshops, Market stalls – handmade only,
Demonstrations, Mini workshops, Free entertainment,
Creative face painting
Saturday My 11, 10am -3pm

Visit: www.creativewauchope.com.au

Questions: creativewauchope@gmail.com



Nominations are now open
The **NSW/ACT Regional Achievement & Community Awards** are designed to encourage, acknowledge and reward the valuable contributions individuals, communities and businesses are making throughout regional and rural New South Wales and the ACT.

Do you know an individual, group, business or organisation who deserves to be recognised? We would love for you to enter them into the Awards!

[Below is a list of categories that are now open.](#)

Great prizes are up for grabs, seven category winners will be presented with **\$2,000** and a trophy, the other category winner will receive **Television exposure on PRIME7** and a trophy.

Plus, we will send out a media release to each of the nominee's local papers encouraging them to write a story, and every nominee will receive a certificate of achievement.

The Awards are free to enter – and completing a nomination online is easy! If you are ready to start your nomination please go to our [online portal](#) and select the category from the dropdown nomination award menu.

Want to recognise someone but don't have the time? No problem, we are more than willing to help!

Simply [Refer Someone](#) to us - it takes only 2 minutes to complete the form and our team does the rest!

We'll get in contact with them and have them complete the questions. It's that easy!

Nominations close **Wednesday 31st July 2019.**

If you need any assistance, please don't hesitate to contact me.

Kind regards

Demi Cox

Awards Administrative Assistant

NSW/ACT Regional Achievement and Community Awards

Ph 1300 735 445 | www.awardsaustralia.com

Mobile Phones Awareness

In the second half of last year more than a quarter of incidents recorded by teachers relate to inappropriate use of mobile phones. Over the same time the phrase "mobile phone" was written 1224 times in relation to negative student behaviour.

According to research, (conducted by Spears, Keeley, Bates, & Katz), one in five young people under 18 (20%) reported experiencing online bullying in any one year and of those incidents almost a fifth of victims are exclusively bullied through devices such as mobile phones.