

# Wauchope High School Newsletter

Email :[wauchope-h.school@det.nsw.edu.au](mailto:wauchope-h.school@det.nsw.edu.au) website: <http://www.wauchope-h.schools.nsw.edu.au>



Term 1 Week 4



Wauchope High School Leaders 2019

## Calendar of events

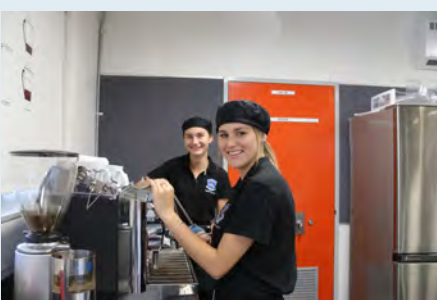
Tuesday 26th February	Immunisations Year 7 and Yr 8 catch ups
Tuesday 5th March	Bago Schools Day Year 7 2020
Thursday 14th March	Twilight Tour Yr 7 2020& 2021) & Meet the Parents (Yr 7 2019)
Thursday 14th March	Thelma the Unicorn 6pm - 7pm
Tuesday 19th March 6pm, Wauchope RSL	WHS P&C General Meeting and AGM



## 360 Degree Virtual Tour coming to our webpage soon!

The 'School Photographer' has recently been taking photos of our school and its fabulous students to be part of a 360 Degree Virtual Tour which will appear on the front page of our website.

Here is a sneak peek at some of the locations, we expect the 360 degree experience to be operational in the next few weeks, we will let you know when it happens.



Email :[wauchope-h.school@det.nsw.edu.au](mailto:wauchope-h.school@det.nsw.edu.au)  
website: <http://www.wauchope-h.schools.nsw.edu.au>



10 Students and 1 staff member had decided they were interested in visiting the United States of America.

For the past 2 years, (2017-2018) students were saving to pay off this adventure, applying for passports and entry visas into the USA. 18 Days of travel, including Los Angeles, San Diego (where students and staff were hosted by fabulous American families) and San Francisco.

Throughout the year, glimpses of the trip will be placed into the newsletter and Facebook pages to show everyone the places we saw and the fabulous time we had.

If Anyone is interested in a future G'Day USA trip, please contact Mr Grimson, here at WHS, 6585 1400.

## Part 2

### Day 3

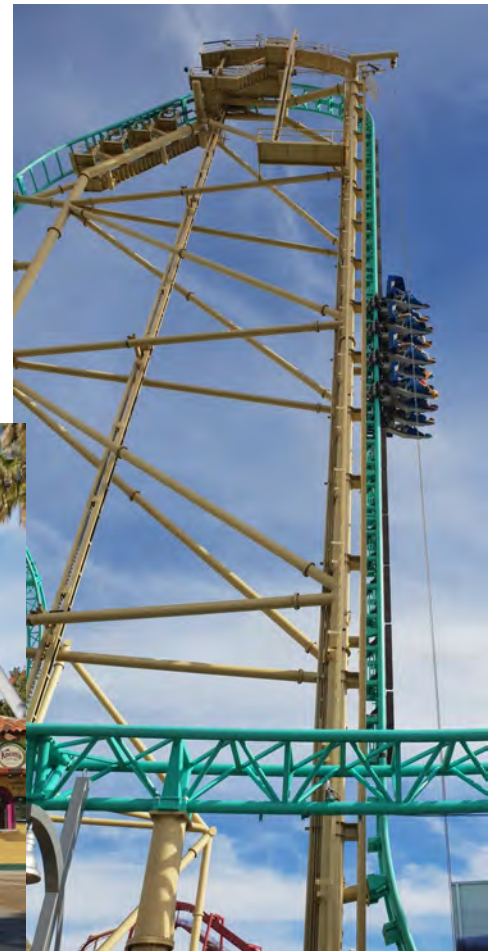
JANUARY 8TH, 2019

One of the few sleep-in opportunities, breakfast was at 9 am.

A short walk after breakfast led us to the front gates of Knott's Berry Farm. Since the schools in America had returned to classes the week of our arrival, there was almost no crowd and very few queues.

Rollercoasters were the main attraction for many. The Xcelerator and The Hang Ten were popular. One of our group though, thought one ride in particular was so boring that he had a sleep just after it had started. He woke up just in time for the end. No more roller coasters for him!

We stayed till closing and walked back to our accommodation. After some consultation, we walked to find somewhere nice for dinner. They decided on Maccas. A big let down. Nowhere near our standard in food or facilities. We then walked back to the hotel for a well-earned rest.



Day 4 - JANUARY 9TH, 2019

DISNEYLAND

A relatively early start to the day with breakfast was at 7:30 am.

Marty, our welcoming driver when we arrived in LA organised for us to travel by regular Yellow School Bus. It was an experience. We were dropped off in the designated drop zone in a distant carpark where we caught another bus to the entrance of Disneyland.





Security checks are big here, and everywhere for that matter and very time consuming. I had my selfie stick confiscated yet people with walking canes or umbrellas could continue

without loss of their item. As for getting through the entrance, this did not take long at all

Where do we start, as there is so much to see and do.

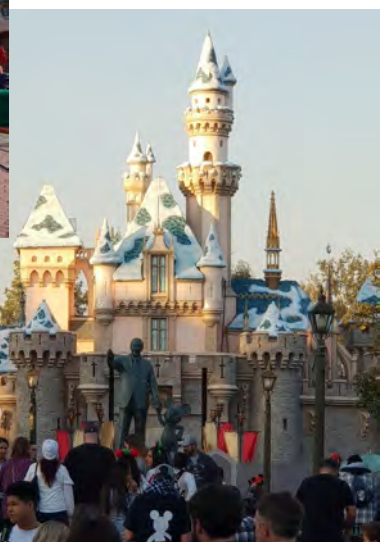
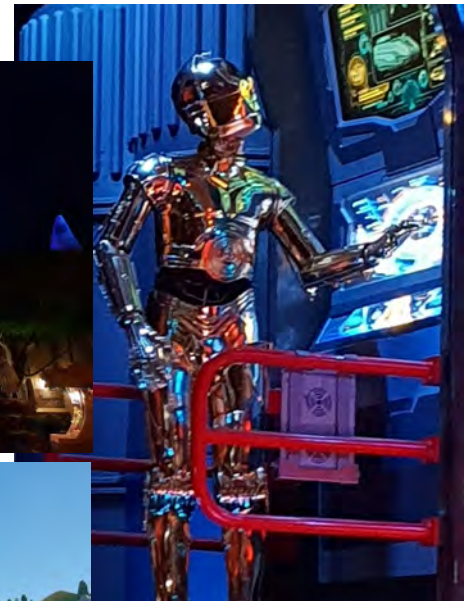
After a quick photo opportunity, we were on our way.

Although the rides are not as intense as Knott's Berry Farm, they were very enjoyable. For some, the lines were

long with up to an hours wait BUT if you were prepared to ride alone, you could join the single rider line and only wait 5-10 minutes. A much smarter way to avoid queues. You could also obtain a Fast Pass which allowed you to Queue hop at certain times. Very worthwhile.

If you don't mind getting wet, sit in the first 2 seats of the log ride, otherwise, the back is the place to sit to remain dry.

There was something for everyone, both young and old. Disney characters for photo opportunities, rides, shows, food and themed areas were displayed to perfection. As the sun dips, the lights come on and the place appears totally different.





## Macquarie University returns to Wauchope High School in 2019

Following the successful 2017 Roadshow and 2018 inRoads On Campus Experience, the 2019 Roadshow offered a taste of what a university has to offer to Wauchope High School students.

The roadshow is an initiative of Macquarie's LEAP (Learning, Education, Aspiration, Participation) program, which aims to raise aspirations, create possibilities and actively support students from all backgrounds to successfully participate in higher education..

Last Wednesday Wauchope High School year 10 students had the opportunity to familiarise themselves with the university, its study options and additional offerings such as overseas exchange. It was

educational, fun and engaging with the "taster" sessions ranging from Clinical Science, Ancient History/ Archaeology, Molecular Sciences and Cognitive Science.

Students handled artefacts from Macquarie's amazing Museum of Ancient Cultures, they were transported to Dunmore Lang College using virtual reality goggles and they had the opportunity to chat with academics and current Macquarie students.

The roadshow was designed to address the challenges facing regionally based students. Studies have shown that having contact with and visiting a university can influence a young person's decision to pursue further education. At Macquarie there are many different pathways to university study and they were explored on the day.

A special thank you to the 44 year 10 students who participated in the university roadshow and made Mrs Thornton and myself very proud to be their teachers.

## University Roadshow

The annual University Roadshow visited Wauchope High School on Thursday, February 14.

The University Roadshow is a collaboration between Charles Sturt University, Southern Cross University, the University of New England and Newcastle University.

It provided our year 10, 11 and 12 students with information on life as a university student, what they can do to prepare, and outline what paths they can take in order to pursue their dream career.

Ms Bernadette Gammon, a prospective student adviser with Charles Sturt University (CSU) said "The University Roadshow has visited schools in regional and rural NSW for over 17 years."

"Many of the students we speak with are still undecided about where and what they would like to study, which is completely OK. We are there to help out in any way we can.

"The University Roadshow gives students a chance to start thinking about life after school and allows them to speak with representatives from each of our four universities.

"By joining forces on the Roadshow, the four universities are able to provide students with a wide range of options, and reduce the amount of time students need to be away from the classroom.

"We aim to give school students information early so that they can make the most of the opportunities throughout the year. The Roadshow covers topics such as the courses, accommodation options, career paths, right through to pathways into university study; the University Roadshow covers it all."

It was fantastic to see over 60 of our students take part in this educational opportunity.

Mark O'Brien (Relieving Careers Adviser)



## Defence Force Visit

On Friday 15th February, 25 students from Years 10 to 12 had the opportunity to participate in an ADF Careers Presentation. This consisted of a comprehensive overview of the many opportunities available in the Defence Forces, including the Australian Defence Force Academy (ADFA), officer training, apprenticeships, trades and general entry roles.

This presentation also outlined the recruitment process, eligibility requirements, Defence Work Experience Program as well as providing an insight into what life in the Defence Force is like. One popular program is the Gap Year. Students can join up for just 12 months, be paid well, learn new skills and then have the option of continuing on or leaving the Defence Forces at the end of 12 months.

Many thanks to the **Defence Force Recruiting Team** consisting of **Sergeant Paul Gallaway (Air Force)** and **Captain Elyse Glynn (Army)** for providing the students with valuable information and a wonderful insight into the many career paths available to them. If students are interested they can book into a YOU session to assess interests and abilities and discuss suitable pathways. YOU sessions are held here in the Defence Force Recruiting office in Newcastle. Brochures and information booklets are available from the Careers room.

Mark O'Brien

(Relieving Careers Adviser)

Below are comments from Paul Gallaway;

The Wauchope students were great and very attentive and they had some really good questions, which is always good. Captain Elyse Glynn's primary role is with the Specialist Recruiting Team –Women, so if any of the female students wishing to contact her through the SRT-W mail box on her brochure, Elyse will be able to help them with any enquiries they may have.



## University Roadshow



# SPORT



Our **girls hockey** team travelled to Port Macquarie on Friday 15<sup>th</sup> February to play in the first round of the CHS knockout against Hastings Secondary College.

It was a warm day and with only 9 players, the girls played exceptionally well. Our defence was strong in the first half with Ellie McKittrick, Olivia Rogers and Jovica Hollis keeping Hastings Secondary College from scoring any goals. Jade Millward dominated the middle of the field in defence and attack while also working well with Jessie Wade. Jade scored 3 goals leaving the score 3 – nil at half-time.

During the second half Shannah Schroeder and Paris Rock defended well while Hannah Morgan and Eva Laurie were quick up the front. The whole team demonstrated fantastic spatial awareness, communication and passing skills resulting in another goal from Jade Millward. As the heat and lack of subs took its toll on the Wauchope team, Hastings Secondary College quickly scored 3 goals in the last 7 minutes of the game taking the final score to a 4 – 3: a Wauchope victory. Well done and good luck to the team as they progress in the knockout tournament.

Jade Millward and Jessie Wade impressed the selectors and secured themselves a position in the Lower North Coast Representative team. They will travel to Murwillumbah on the 21<sup>st</sup> March to trial for the North Coast team.

Mrs Hinshelwood

## Girls and Boys Volleyball

Our Boy's and Girl's teams competed in the North Coast selection trial for Volleyball on Tuesday 12<sup>th</sup> March. As members of the Lower North Coast team the Wauchope girls were undefeated and played outstanding, structured Volleyball. The boys were also undefeated in the Lower north Coast team coached by Todd Dalton from Camden haven High School.

Congratulations to the following students who have been selected in the North Coast Volleyball teams for 2019. In the girl's team that will play at the CHS carnival on March 12<sup>th</sup> – March 14<sup>th</sup> in Newcastle, Wauchope High has Piper Thompson, Molly Styles, Charlotte Wilton, Lani Swinnerton, Kayla Turner and Emily Bell who was selected as first reserve for this team. In the boys, Wauchope High School had Cameron Lloyd and Hayden Holden – Todd who will compete at the CHS boy's carnival from March 19<sup>th</sup> – March 21<sup>st</sup> in Bathurst. Well done to these students and all the best wishes for selection in the CHS team that will travel to Tahiti in June.

Mr Clayworth  
HT PDHPE





# BREAKING NEWS

**For the first time  
in recent history  
LAWSON house  
are the leading  
point scorers!**



Swimming Age Champions

## Faculty Excellence Awards

Every Monday on assembly a different faculty will be presenting their Faculty Excellence Awards. Students will be chosen for being consistently engaged and achieving academically within that subject area. Congratulations to the following students.



Executive



SASS

**FREE COMMUNITY INFORMATION SESSIONS**

Wauchope Neighbourhood Centre is holding monthly information sessions for community members to learn more about services available in the Hastings.

Information sessions...about children, young people, families and our community. Everyone is welcome.

**OUR NEXT GUEST SPEAKER:**  
**CLAUDIA RICHARDSON**

**FROM:** Family & Carer Mental Health Program Mission Australia

**DATE:** TUESDAY 19th MARCH 2019

**WHERE:** Wauchope Neighbourhood Centre, 3 Waugh Street, Wauchope

**TIME:** 10.00am – 11.00am (Morning tea provided)

[Upcoming Session Dates](#)

Please register your interest to participate. 02 6586 4055.

**Knockout Health Challenge**

Mid North Coast Local Health District is seeking Aboriginal Community members in Port Macquarie and Wauchope aged 16 years and older, interested in registering for the for the upcoming Knockout Health Challenge.

THE CHALLENGE runs for 10 WEEKS and aims to motivate Aboriginal people to manage their lifestyle-related risk factors for chronic disease and reduce prevalence of overweight and obesity through a weight loss competition and physical activity challenges.

Registration opens: **25th February 2019**  
Pre Challenge: **18th – 29th March 2019**  
Challenge Start: **1st April 2019**  
Challenge Finish: **7th June 2019**

*This program will include exercise catering for all ages, fitness and skill levels.*

Registrations will take place at **Birpai Local Aboriginal Lands Council**

- Thursday 28th February 10:00 am – 11:00 am
- Thursday 7th March 1:00 pm – 2:00 pm

Registrations will take place at **Bunyah Local Aboriginal Lands Council**

- Tuesday 26th February 10:00 am – 11:00 am
- Tuesday 5th March 1:00 pm – 2:00 pm

If you would like to register and cannot attend these sessions or have any questions;  
Contact **Jess Morris** on 6588 2896 or [Jessica.Morris@health.nsw.gov.au](mailto:Jessica.Morris@health.nsw.gov.au)  
Checkout the Facebook Page: <https://www.facebook.com/NSWKnockoutChallenge/>

**Health**  
Mid North Coast  
Local Health District





Busways is excited to unveil our seat belt-fitted buses that will service schools in our mid-north coast regions from February 2019.

The seat belt-fitted buses are part of Transport for NSW's planned investment in the installation of seatbelts on buses dedicated to school runs in regional areas.

As part of the plan, it is intended buses in rural and regional areas will progressively be fitted with seat belts.

**By law, all bus drivers and passengers must use the seat belts in any vehicle that is fitted with them and each person must use their own.**

Drivers will undertake training covering seatbelt regulations and their responsibilities and will verbally remind students to fasten their seat belts.

Buses will start rolling out from February 2019 with more seat belt-fitted buses to join the fleet in the coming months.

FRIDAY FEBRUARY  
22ND FROM 6:30 - 9PM

# ROLLER SKATE FOR ROTARY

EACH SKATER  
MUST HAVE AN  
ADULT SIGN A  
WAIVER

THIS IS LIMITED  
TO 100 PEOPLE

SKATE HIRE PLUS A PIECE OF  
PIZZA FOR \$25

BOOK VIA  
[WWW.TRYBOOKING.COM/BAPCO](http://WWW.TRYBOOKING.COM/BAPCO)

There Will Be A Raffle  
\$2 for 1 Ticket  
\$5 for 3 Tickets

Rotary Club of Wauchope is raising money to send a worthy recipient to RYLA.

Planet X Port Macquarie - 10 Chestnut Road

Rotary Youth Leadership Awards

Rotary

Club of  
Wauchope

**PLANET X**  
PORT MACQUARIE

Tickets are non-refundable. Your choice of pizza must be made at the time of ticket purchase. Additional slices of pizza can be purchased online prior to 6pm on 22.2.2019. Drinks and snacks can be purchased from the venue on the night. This event is open to skaters of all ages. Limited supervision will be provided by Rotarians and Planet X staff. Games with prizes will be played throughout the evening.

## Wauchope High School P&C AGM and General Meeting

Tuesday 19th March 6pm Wauchope RSL, Rosewood Room

Come and play Rugby with the Wauchope  
Thunder!

Boys and girl's teams in under 8's,  
10's and 12's

Girls teams in under 14's and 16's

All play on a Friday night at Port  
Macquarie.



Be coached by qualified Rugby coaches

Make new friends and get involved in the newest Olympic sport

All abilities and experience levels are welcome!

Registration details:

**\$120** per child which includes JERSEY, SHORTS, SOCKS, and HOODIE.

You can use your 'active kids' voucher and pay only **\$20 cash!**

Contact Will Pollock on 0405 307598 or by email at

[willpollock@bigpond.com](mailto:willpollock@bigpond.com)

Registration night on the 22<sup>nd</sup> February at Wauchope Country Club

Come along for a game of Barefoot bowls for the whole family too!

## BAREFOOT BOWLS FOR CHARITY

21<sup>ST</sup> FEBRUARY - 28<sup>TH</sup> MARCH

6 WEEKS ON A THURSDAY NIGHT AT

WAUCHOPE COUNTRY CLUB

BE THERE AT 5:30PM FOR A 6PM START



TEAMS OF FOUR

\$5.00 PER PERSON

IT DOESN'T MATTER IF YOU HAVEN'T PLAYED BOWLS  
BEFORE

WE HAVE BOWLS YOU CAN BORROW FROM THE CLUB

ALL MONEY AT THE END OF THE 6 WEEKS GOES TO A  
LOCAL CHARITY NOMINATED BY THE WINNING CARD  
HOLDER

FOR MORE INFORMATION OR TO BOOK IN A TEAM  
COME DOWN TO THE CLUB  
OR PHONE THE CLUB ON 65 85 3020 - BAR EXTENSION



# Wauchope High School



**Tuesday 5th March..... Bago Schools Day for Year 7 2020**

- Year 6 2019 students spend the day at Wauchope High School visiting the Ag farm, taking a science class to perform an experiment, attend a cooking class and much more, lunch will be provided.

**Thursday 14th March...Year 5 & 6 Twilight Tour 5pm - 6pm**

- Year 10 Peer Support Leaders will take parents and students on a guided tour of our school, visiting faculty displays, the Ag Farm and much more.

**Thursday 14th March.....Thelma the Unicorn 6pm to 7pm**

- An open invitation to enjoy a theatrical extravaganza , follow Thelma's adventures as this drama production takes you on a tour of the school, and, oh yes, there is food along the journey. We will be showcasing not only our school but our fabulous students and staff.

**Spend a little time at your local high school, you will be pleasantly surprised.**